Basic Emotion Assessment

Happiness 0 — 1 — 2 — 3 — 4

not happy · very happy

Sadness 0 — 1 — 2 — 3 — 4

not sad · very sad

Anger 0 — 1 — 2 — 3 — 4

not angry · very angry

Anxiety 0 — 1 — 2 — 3 — 4

not anxious · very anxious

Excitement 0 — 1 — 2 — 3 — 4

not excited · very excited

Pride 0 — 1 — 2 — 3 — 4

not proud · very proud

Shame 0 — 1 — 2 — 3 — 4

not ashamed · very ashamed