

Values Discussion Cards

<p>VALUES EXPLORATION</p> <p>Name a person (real or fictional) you respect or admire. What traits of theirs do you appreciate?</p> <p>FOLLOW-UP</p> <p>What do you think this person values?</p>	<p>VALUES EXPLORATION</p> <p>Describe what you would do on an ideal day. How does this compare with a typical day?</p> <p>FOLLOW-UP</p> <p>Which typical daily activities reflect your values? Which don't?</p>
<p>VALUES EXPLORATION</p> <p>Describe one of your close friends. What makes you close?</p> <p>FOLLOW-UP</p> <p>What values do you share with your friend?</p>	<p>VALUES EXPLORATION</p> <p>Imagine it's your birthday 15 years from now. Your friends and family give speeches about your life. What do you think they say?</p> <p>FOLLOW-UP</p> <p>Which of your values are recognized in their speeches?</p>
<p>VALUES EXPLORATION</p> <p>What is your dream job, and why?</p> <p>FOLLOW-UP</p> <p>What does this say about your values?</p>	<p>VALUES EXPLORATION</p> <p>Imagine you come into a large fortune that allows you to never work again, and buy anything you want. What would you do?</p> <p>FOLLOW-UP</p> <p>What do your actions say about your values?</p>
<p>VALUES EXPLORATION</p> <p>When you were younger, what were your wishes for the future?</p> <p>FOLLOW-UP</p> <p>How have your values changed as you've gotten older?</p>	<p>VALUES EXPLORATION</p> <p>What are your three most prized possessions?</p> <p>FOLLOW-UP</p> <p>Why do you value these items?</p>

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<p>VALUES EXPLORATION</p> <p>What three things do you find yourself thinking of most often?</p> <p>FOLLOW-UP Do these thoughts reflect your values? Elaborate.</p>	<p>VALUES EXPLORATION</p> <p>A genie in a bottle appears and grants you three wishes. What do you wish for?</p> <p>FOLLOW-UP What do your wishes say about your values?</p>
<p>VALUES EXPLORATION</p> <p>What is something that makes your family unique?</p> <p>FOLLOW-UP What values have you learned from your family?</p>	<p>VALUES EXPLORATION</p> <p>What are your goals in different areas of life (professional, family, and personal)?</p> <p>FOLLOW-UP Do you think most people would be supportive of these goals? Elaborate.</p>
<p>VALUES EXPLORATION</p> <p>What would someone who knows you well say is important to you?</p> <p>FOLLOW-UP What might people <i>not</i> know is important to you?</p>	<p>VALUES EXPLORATION</p> <p>If you could send a message to everyone on Earth, what would it be?</p> <p>FOLLOW-UP How does this message reflect your values?</p>
<p>VALUES EXPLORATION</p> <p>What does “success” mean to you? How does society define “success”?</p> <p>FOLLOW-UP What does this say about your values compared to society’s?</p>	<p>VALUES EXPLORATION</p> <p>If you spoke to a stranger for five minutes at the grocery store, how would they describe you?</p> <p>FOLLOW-UP What would this person say you value? Would they be right?</p>